

+ProActive Approaches 2-Day Foundation Programme for Children's LD Settings

	DAY 1	DAY 2
9.30am	Welcome	Reflection & Kahoot
1½ hrs	Intro & Housekeeping (30 mins) I Am Rude (Lived Experiences) (15 mins) Value Base & Code of Ethics (15 mins) What is Behaviour (30 mins)	Trauma (45 mins) Shame (45 mins)
11am	Break 15 mins	
1½ hrs	Child Development (45 mins) Attachment (45 mins)	Law & Legal Context (45 mins) Secondary Prevention (45 mins)
12.45pm	Lunch – 45 mins – 1:30pm restart	
1½ hrs	Health Risks (30 mins) Physical Techniques: <ul style="list-style-type: none"> - Safe Approach & Safe Leave - Side Embrace - Adapted Embrace 	Written Theory Tests (30 mins) Physical Techniques: <ul style="list-style-type: none"> - Practice Phase 1 - Double Embrace
3pm	Break 15 mins	
1¼ hrs	Physical Techniques: <ul style="list-style-type: none"> - On the Bus - Figure of Four 	Physical Techniques: <ul style="list-style-type: none"> - Cupped Hand - Phase 2 Practice Final Thoughts / Action Plans / Individual Feedback / Evaluations
4.30pm	Reflection & Wrap up	